



Serious Illness Protective Measures, 2023/2024 Season

Ignite Adaptive Sports policies, requirements, and guidelines for hygiene, cleaning, return-to-play protocols, and protective measures are intended to mitigate the risk of exposure to serious illnesses (i.e. COVID, Flu, RSV.) Please help us all stay safe and healthy by following these guidelines.

Ignite Adaptive Sports (Ignite) will follow CDC, State of Colorado, Boulder County COVID and other Guidelines.

- If you are sick or are showing any signs of illness, you must stay home.
- If you test positive for any serious illness, Ignite requires you follow CDC guidelines – stay out for 5 days, mask for an additional 5 days.
- If you have any confirmed, close contact with anyone with a serious illness, you must not return to Ignite for 5 days following exposure.
- Ignite strongly encourages all volunteers, staff, athletes, and caregivers, to be fully Vaccinated, including COVID, flu and RSV, if eligible.
- If an athlete, volunteer, or caregiver request a mask be worn, comply with their wishes or request an assignment change.
- Always follow etiquette for covering coughs and sneezes.
- Wash hands frequently.
- Regularly disinfect and sanitizing surfaces and equipment.
- Keep common areas clean.
- You are encouraged to bring a reusable mug/cup/bottle for water, and your own eating utensils. (Please label with your name)
- Ignite may limit the number of lessons per day, based on the prevalence of illness in the area.

We will use the Boulder County metrics level chart to determine if and when to reduce lesson numbers. Help keep us all healthy by following the CDC, State of Colorado, Boulder County, and these guidelines.

These guidelines are not exhaustive. Please use good judgment and err on the side of caution so that Ignite can operate all season.

If you have questions about this policy, please contact John Humbrecht (303-258-7714), Finn Murphy (508-221-8481), Carol Nickell (805-452-0898), or Kevin Wilson (720-310-0328).