

Dear Igniter:

It is that time of year again, the snow is falling, and everyone is getting readying for the 48<sup>th</sup> season at Ignite.

Along with the snow, this time of year brings the flu, colds, COVID, and other indoor illnesses. Over the summer your leadership team worked diligently on updating Ignite's COVID policy.

We are moving closer to learning to live with COVID and more in alignment with medical facilities, nursing homes, and other adaptive sports programs. Ignite strongly recommends vaccines, boosters, and indoor masking. In fact, Ignite requires indoor masking when Boulder County level is at high level risk. (low, medium, and high).

Anyone **showing any signs of illness** (even "allergies") must stay home. If you come to WHQ and appear sick, you will be sent away, please make good judgments, so our volunteer supervisor of the day doesn't have to ask you to leave.

Ignite will adjust the number of lessons based on Boulder County Community Level. Please know that your leadership team considers recommendations from the Centers for Disease Control (CDC), public health experts, and our community needs. Our policies will evolve with updated information

We understand if you need to sit this season out. Know that if you do, you will always be part of the Ignite family, and will be welcomed back with smiles at any time (mid-season, end of season, next season).

Below is the updated policy. If you have any questions, feel free to reach out to me directly at this email address or my home office phone, 303-665-0411.

Hope to see you on the mountain and think SNOW.

Carol Nickell

## COVID-19 Updated Policy 2022-2023 season

*Ignite Adaptive Sports* policies, requirements, and guidelines for hygiene, cleaning, return-to-play protocols, and protective measures are intended to mitigate the risk of exposure to COVID-19. Please help us all stay safe and healthy by following these guidelines.

### ***Ignite Adaptive Sports (Ignite) will follow CDC, State of Colorado, Boulder County COVID Guidelines.***

- If you are sick or are showing any signs of being sick (COVID or other illness) you must stay home.
- If you test positive for COVID Ignite requires you stay out of Ignite for 10 days, in addition to the CDC guidelines.
- Ignite strongly encourages all volunteers, staff, athletes, and caregivers, to be fully vaccinated.
- Unvaccinated persons **must** always wear masks indoors.
- Indoor masks are optional for vaccinated individuals and required for unvaccinated individuals. ***The exception is when the community level in Boulder County is at high risk then a mask is required indoors by everyone.***
- If an athlete, volunteer, or caregiver requests a mask be worn, please comply with their wishes or request an assignment change.
- Always follow etiquette for covering coughs and sneezes.
- Wash hands frequently.
- Regularly disinfect and sanitizes surfaces and equipment.
- Keep common areas clean.
- No food sharing inside WHQ when masks are required, and Boulder County is at high risk.
- You are encouraged to bring a reusable mug/cup/bottle for water, and your own eating utensils. (Put your name on it)
- Ignite may limit the number of lessons per day, based on the number of COVID cases. We will use the Boulder County Community risk level to determine if and when to reduce lesson numbers.

Help keep us all healthy by following the CDC, State of Colorado, Boulder County, and these guidelines.

**Stay home** if you have any symptoms of any illness or if you have been exposed to anyone with COVID or other serious contagious disease.

These guidelines are not exhaustive. Please use good judgment and err on the side of caution, so that Ignite can operate all season.

*If you have questions about this policy. Contact Carol Nickell, John Humbrecht, Finn Murphy, or Kevin Wilson.*