

COVID-19 Protective Measures Final 10/26/2022

Ignite Adaptive Sports policies, requirements, and guidelines for hygiene, cleaning, return-to-play protocols, and protective measures are intended to mitigate the risk of exposure to COVID-19. Please help us all stay safe and healthy by following these guidelines.

Ignite Adaptive Sports (Ignite) will follow CDC, State of Colorado, Boulder County COVID Guidelines.

- If you are sick or are showing any signs of being sick (COVID or other illness) you must stay home.
- If you test positive for COVID Ignite requires you stay out of Ignite for 10 days, in addition to the CDC guidelines.
- Ignite strongly encourages all volunteers, staff, athletes, and caregivers, to be fully vaccinated.
- Unvaccinated persons **must** always wear masks indoors.
- Indoor masks are optional for vaccinated individuals and required for unvaccinated individuals
- If an athlete, volunteer, or caregiver request a mask be worn, comply with their wishes or request an assignment change.
- Always follow etiquette for covering coughs and sneezes.
- Handwashing frequently.
- Regularly disinfect and sanitizing surfaces and equipment.
- Keep common areas clean.
- No food sharing within WHQ for the foreseeable future.
- You are encouraged to bring a reusable mug/cup/bottle for water, and your own eating utensils. (Put your name on it)
- Ignite may limit the number of lessons per day, based on the number of COVID cases. We will use the Boulder County metrics level chart to determine if and when to reduce lesson numbers.

Help keep us all healthy by following the CDC, State of Colorado, Boulder County, and these guidelines.

Stay home if you have any symptoms of any illness or if you have been exposed to anyone with COVID or other serious contagious disease.

These guidelines are not exhaustive. Please use good judgment and err on the side of caution, so that Ignite can operate all season.

If you have questions about this policy. Contact John Humbrecht, Finn Murphy, Carol Nickell, or Kevin Wilson.