



# IGNITE ADAPTIVE SPORTS

## Junior Instructor Program Information

January - March 2018 Ski Season



**What is Ignite?** Ignite is a volunteer program that provides ski, snowboard, cross country ski, and other snow sport lessons to people with physical, cognitive, or developmental disabilities.

**For whom?** High school students ages 16 - 18 are eligible to be junior instructors.

**Where is it?** Eldora Mountain Resort.

**Why do it?** Ignite is a fun and meaningful way to log community service hours and to share the love of the outdoors.

### **How can I volunteer?**

- Alpine ski or snowboard instructors (help with on-slope lessons)
- Nordic ski instructors (help with on-mountain Nordic lessons)
- Client Services (greet clients and families, organization, etc.)
- Equipment (set up adaptive ski equipment)

### **How do I get started?**

- Attend ONE orientation at the Jewish Community Center on Arapahoe Ave:
  - Wednesday, Oct 18<sup>th</sup> from 6PM – 8PM OR
  - Tuesday, October 24<sup>h</sup> from 6PM – 8PM OR
  - Saturday, October 28<sup>th</sup> from 9AM – 11AM

### **What is the commitment?**

- Come to the Junior Instructors' meeting on Sunday, October 29th from 4-6pm at 1733 Norwood Ave in North Boulder
- Complete 4 clinics in November and December (2 on-snow and 2 in classrooms)
- Volunteer at Eldora on SIX days from end of December 2016 to March 31, 2018. You get to pick which days you assist with lessons and students.

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